

Shalom!

Shabbat

Mincha and Shabbat commence this Friday afternoon (29th October) at 5.24 pm.

The service on Shabbat morning will commence at 9.15 am. (Sof Zman Kriat Shema is 10.19 am)

Mincha on Shabbat afternoon will be at 5.30 pm followed by a shiur on Hilchot Muktzeh. Shabbat ends at 6.26 pm.

Bnei Akiva will meet in the shul on Shabbat afternoon 3.30 - 5.30 pm. Contact Justin via the shul office (020 8426 0104) for further details.

NOTE: The clocks go back one hour on Motzaei Shabbat.

TIMES OF SERVICES

Sunday: Shacharit - 8.30 am / Mincha & Maariv - 4.30 pm.

Monday & Thursday: Shacharit - 6.45 am.

Tuesday, Wednesday & Friday: Shacharit - 6.55 am.

Maariv services are held Monday - Thursday @ 7.30 pm.

PLEASE DO YOUR BEST TO SUPPORT THE DAILY MINYANIM

SHIURIM

The next series of Rabbi Roselaar's Ladies' Shiurim - on the theme of Tefillah: The Background and Meaning of the Prayers - will take place on the following dates:

Monday 8th November

Monday 22nd November

All shiurim will commence at 8.15 pm.

The Tuesday morning ladies' shiurim will take place as follows, 9.30 - 11.00 am.

9th November - The Story of Jephtah - Rabbi Dr Irving Jacobs

23 November - Who has made me according to his will; blessing or curse? - Sandra Jacobs.

7th December - Holocaust & Rescue: Impotent or Indifferent? Anglo-Jewry 1938-45 - Pam Shatzkes.

Contact Sue via the shul office (020 8426 0104) for further details.

Rabbi Roselaar's Talmud Shiur takes place every Thursday evening in the shul library @ 8.45 pm. Massechet Bava Metzia is being studied and all are welcome to attend. Each shiur is enhanced with a tot of whisky!

Project SEED takes place in the shul every Tuesday evening. Contact Howard via the shul office (020 8426 0104) for further details.

ENCOUNTER CONFERENCE

Encounter will be taking place this year on **Sunday, November 14** at the Wembley Conference Centre.

Encounter have announced a late addition to our world class line up of speakers and performers: the renowned Psychiatrist, Author, Mesmerising Speaker and Chassidic Rabbi Dr Abraham Twerski will be giving the opening key note address. For more details about Rabbi Twerski, see the end of this message.

Rabbi Twerski joins an already packed line up that includes Chief Rabbi Dr Jonathan Sacks, former Chief Rabbi of Israel Rav Yisrael Meir Lau, David N Weiss the creator of Shrek 2 and Hollywood's highest profile

Orthodox Jew, and Jewish Music sensation Sam Glaser. There will be sessions on everything from 'Kabbalah and Creation' to 'Jewish Values for Jewish Children'.

There is a massive Children's and Youth Programme which costs just £1 per person (Tribe Members).

For full details, and to apply online visit www.encounterconference.org NOW!!!!!!

FORTHCOMING EVENTS

The LBC will be hosting a fascinating evening about **Great Britain's Small Jewish Communities**. Rev Malcolm Weisman OBE, Minister to the Small Communities has celebrated Shabbat in places that you didn't even know Jews existed and has a wealth of tales and stories about these far-flung communities. The talk will take place on **Monday 1st November** and will be preceded by a Fish 'n' Chips Supper. Supper - 7.45 pm / Talk - 8.30 pm £8.00 per person. Venue - Belmont Shul. Contact Graham via the shul office (020 8426 0104) for further information.

[Functions@Belmont](#) and Belmont & Edgware Cricket Club present their annual **Stag Quiz** on Thursday 25th November at 8.00 p.m. Tickets are £15 per head to include supper, available from Jonathan via the shul office (020 8426 0104).

There will be a **FRIDAY NIGHT DINNER** for **YOUNG PEOPLE** (22-30 YRS) on 12th November with author Doron Kornbluth as guest speaker. This promises to be an enjoyable and stimulating evening. Contact Judy via the shul office (020 8426 0104) for further details.

BELMONT CARES and anyone in need of welfare assistance should contact Rabbi Roselaar or Carole Fletcher in the shul office. The **BELMONT CHARITABLE TRUST** exists to provide financial assistance to needy families in the community and Rabbi Roselaar, Hermann Hirschberger or John Simmons may be contacted in confidence.

A DVAR TORAH FOR THIS WEEK'S SIDRA (LECH LECHA):

A verse in this week's sidra indicates that after the destruction of Sodom Abraham got up early and went to pray to God (Bereshit 19:27). Accordingly there is a Talmudic tradition that patriarch Abraham instituted the Shacharit morning service.

The timings of the daily services were fixed so as to correspond to the daily sacrifices that were offered up in the Temple. Thus, the Shacharit Amidah should not be recited before the eastern skyline has brightened, since this is the earliest time that the daily morning sacrifice was allowed to be offered, though if possible it should be delayed until sunrise in order to reflect the sentiments of a verse in Tehillim: *May they fear You in the presence of the sun etc.* (72:5). The short winter days in December and January can present a problem regarding the earliest time at which Shacharit may be recited when first light is often later than 6.30 am in London, and people who need to daven earlier than this time should seek specific halachic guidance.

For a similar reason - because of the latest time when the daily sacrifice was offered - the morning Amidah should not normally be recited after a third of the daylight hours have elapsed.

These halachic times are dependent on the date and the geographical location under consideration and vary considerably throughout the year. A useful tool for finding out the pertinent times can be found at <http://www.ou.org/zmanim/zmanim/zmanim.cfm> .

Shabbat Shalom

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